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## Dr. Erica Miller Urges Young Americans to Learn from the Past

Los Angeles, California. January 3, 2018. Dr. Erica Miller, Holocaust survivor, international best-selling author and motivational speaker, describes the horrors of the Holocaust she experienced more than 50 years ago in her autobiography, "The Dr. Erica Miller Story: From Trauma to Triumph." Dr. Miller believes that teaching the younger generation about the Holocaust introduces essential topics such as morality, racism, civil rights and human history. "Children are never too young to learn about basic human rights and caring for others," says Dr. Miller, who holds a Ph.D. in clinical psychology.

In 1941, Dr. Miller and her family were taken from their home in Romania to a holding camp in the Ukraine where they spent four years of indescribable deprivation, degradation, starvation and brutality. She faced obstacles that would devastate most of us. But rather than adopting a victim mentality, Dr. Miller developed perseverance and resilience that have served her well throughout her life—and form the basis of the lessons she shares in her book.

When World War II was over, Dr. Miller, like many others, thought the Genocide could never happen again. Now she wonders if she was wrong. Recently, Americans have witnessed modern-day anti-Semitism in the form of the attack on the Pittsburgh synagogue during a baby-naming service last Fall, Swastikas painted on the walls of Columbia University and a Miami policeman sergeant throwing a Jewish Holy book with a reference to "taking out the trash." These are all signs of escalating hatred, prejudice and evil. What can we do about it?

According to Dr. Miller, "We have to make sure young people know about the Holocaust and its brutality, bullying, and total disregard for human life." She believes the lessons from the Holocaust should be taught in public, private and religious schools, institutions as well as in the family. Future generations cannot be left in the dark. "Anti-Semitism cannot become mainstream if we are to build a society of people who value and respect diversity and human life," says Dr. Miller.

In addition to her autobiography, Dr. Miller is the author of Don't Tell Me I Can't Do It – Living Audaciously in the Here and Now" (2015) and the international best-seller, "Chronologically Gifted Aging with Gusto: A Practical Guide for Healthy Living to Age 123." (2017). All three books are available on Amazon. Dr. Miller is a frequent speaker about the Holocaust, living life with passion and purpose and other ways of overcoming life's challenges and obstacles. throughout the United States .

For more information about Dr. Miller and her eventful life, please visit: (Facebook) facebook.com/drericamiller (Twitter) @ericaMillerPhD (Linked In) linkedin.com/in/drericamiller

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